

BGS Guidance for Use of Caledonia Spirits/Barr Hill Hand Sanitizer

- ❖ **Washing hands properly is more effective than using hand sanitizer.** Wash hands with soap and water for at least 20 seconds. Don't forget to scrub between your fingers and around your thumbs. Thoroughly dry hands.
- ❖ If hand washing facilities are not available, such as when you travel or cannot leave your workstation, use the alcohol-based hand sanitizer.
- ❖ Do not use hand sanitizer if your hands are visibly dirty or greasy. Wash hands instead.
- ❖ Hand sanitizer is for personal use to sanitize hands only. Keep with you in your office, car, purse, etc.
- ❖ Do not store hand sanitizer in direct sunlight or sub-freezing temperatures. Storing in direct sunlight or excessive temperatures may cause the alcohol to evaporate when you open the bottle, lowering the effectiveness of the product.
- ❖ Open the bottle and place 4 to 5 drops directly onto your hands. Rub your hands together including between your fingers and around your thumbs.
- ❖ Allow hands to air dry. This should take about 20 seconds.

For more information on using hand sanitizer:

<https://www.cdc.gov/handwashing/hand-sanitizer-use.html>

